

Power Sentences - EXAMPLES

5 Main Benefits Of Your Coaching	Example Sentences
<ol style="list-style-type: none"> 1. Become more... 2. Have more... 3. Experience more... 4. Feel more... 5. Create more... 	<p>Fitness: Become more fit and defined Life: Become more balance between life and business Marketing: Become a client getting machine</p> <p>Fitness: Have more energy and vitality Life: Have more time to reflect and laugh Marketing: Have more time and freedom to do what you love</p> <p>Fitness: Experience more moments of happiness in front of the mirror Life: Experience more love and moments of gratitude Marketing: Experience daily surges of leads to your sales floor</p> <p>Fitness: Feel more sexy and confident Life: Feel more joy and happiness in the little moments Marketing: Feel more excitement for your business again</p> <p>Fitness: Create more healthy meals and exercise routines you love Life: Create more balance between life and business Marketing: Become a client getting machine</p>
5 Main Highly Annoying and/or Painful Problems In Their Life	Example Sentences
<ol style="list-style-type: none"> 1. Overwhelmed with... 2. Challenged with... 3. Dealing with... 	<p>Fitness: Overwhelmed with meal prep and having to show up at the gym every day Life: Overwhelmed with all the responsibilities from work, family, and church Marketing: Overwhelmed with all the manual follow up you have in order to filter out the good leads</p>

<p>4. Plagued by...</p> <p>5. Suffering from...</p>	<p>Fitness: Challenged with these last 10 lbs that don't seem to come off Life: Challenged with the overwhelm of balancing everything life has to throw at you Marketing: Challenged with worthless leads who don't really want or need your services</p> <p>Fitness: Dealing with the rat race at the gym and endless treadmill Life: Dealing with confusion on what to focus on at this stage of your life Marketing: Dealing with the tech headaches and stuff you just aren't good at</p> <p>Fitness: Plagued by the endless calorie counting Life: Plagued by your downwards spiraling marriage Marketing: Plagued by the lack of cash flow and the feast or famine rut you're in</p> <p>Fitness: Suffering from boring workouts and eating plain chicken and tuna every day Life: Suffering from depression and doubt Marketing: Suffering from a lack of sales</p>
---	---

6 Sentences To Complete	Example Sentences
--------------------------------	--------------------------

<p>1. Have you ever wondered what it would be like to have [major result or desire they've always wanted]? I'll show you how when you [action you want them to take right now].</p> <p>2. You'll learn how to [one major step they want to understand], so you can [one major desire they want right now].</p> <p>3. Discover [# goes here] ways to overcome [one of the major challenges they face here] and start having more [one of the major desires they want here] in your [life/business/relationship/etc].</p>	<p>ONE</p> <hr/> <p>Fitness: Have you ever wondered what it would be like to have a fit sexy bikini body? I'll show you how when you attend my online Bikini Body workshop</p> <p>Life: Have you ever wondered what it would be like to have a deep passion and love for life again? I'll show you how when you attend my online Life On Fire workshop</p> <p>Marketing: Have you ever wondered what it would be like to have consistent qualified leads from your website? I'll show you how when you attend my online Marketing Funnel Mastery workshop</p>
---	---

4. Get the blueprints, process maps, and detailed breakdowns of the exact **[choose: systems/procedures/steps]** that are currently working best right now.
5. Find out what type of **[thing/tool/thought process/etc they desire to learn]** works best to get **[their desired results]**.
6. Discover the unknown secrets of **[hot topic in your industry right now]**.

TWO

Fitness:

You'll learn how to **shed 5-7 lbs in just 3 weeks**, so you can **get ready for that summer vacation that's almost here**.

Life:

You'll learn how to **use my 3 step formula to deeper passion**, so you can **feel that fire in your soul again**.

Marketing:

You'll learn how to **capture and qualify leads automatically**, so you can **focus only on those who are truly interested in buying your products**.

THREE

Fitness:

Discover **5 ways** to overcome **workout burnout** and start having more **excitement and energy** in your **workouts**.

Life:

Discover **3 ways** to overcome **career burnout** and start having more **passion for you talents and skills** in your **career**.

Marketing:

Discover the **#1 way** to **start closing more sales** and start having more **success with the current leads** in your **funnel**.

FOUR

Fitness:

Get the blueprints, process maps, and detailed breakdowns of the exact **workout plans** that are currently working best right now.

Life:

Get the blueprints, process maps, and detailed breakdowns of the exact **weekly planning process** that's currently working best right now.

Marketing:

Get the blueprints, process maps, and detailed breakdowns of the exact **marketing funnels** that are currently working best right now.

FIVE

Fitness:

Find out what type of **meal plan** works best to get **washboard abs**.

Life:

Find out what type of **software tool** works best to get **the most out of your day**.

Marketing:

Find out what type of **software** works best to **do one-click upsells and downsells**.

SIX

Fitness:

Discover the unknown secrets of **tightening your waist line and making your booty “pop”**.

Life:

Discover the unknown secrets to **eliminate limiting beliefs**.

Marketing:

Discover the unknown secrets of **dynamic marketing automation**.